



Recommended Reading

MIGRAINE AND OTHER HEADACHES by Dr Anne MacGregor (Family Doctor Series, ISBN 1-903474-04-3 - £3.50). Published in association with British Medical Association.

MIGRAINE by Dr Frank Clifford Rose & Dr Marek Gawel (Class Publishing - www.class.co.uk - ISBN 1-85959-066-7 - £14.99 plus p&p).

MIGRAINE IN WOMEN by Dr Anne MacGregor (Martin Dunitz, ISBN 1-85317-744-X - £19.99)

THE MIGRAINE HANDBOOK by Jenny Lewis (Ebury-Vermilion, ISBN 0091780241 - £7.99 for members, £8.75 for non-members). This is a guide to triggers, symptoms and treatments. It draws on over 30 years of expertise in patient support and is full of grapevine information from scores of sufferers.

MANAGING MIGRAINE IN PRIMARY CARE by Dr Anne MacGregor (Blackwell Science, ISBN 0 632 05083 7 £18.50)

THE MIGRAINE REVOLUTION by Dr John Mansfield (Thorsons Publishing Group, ISBN 0-7225-1314-3).

FOOD SOLUTIONS - HEADACHE AND MIGRAINE (Hamlyn, ISBN 0-600-61053-5 - £5.99)

MIGRAINE by Andrew Dowson and Roger Cady (Mosby Rapid Reference Series, ISBN 0-7234-3277-5)

UNDERSTANDING MIGRAINE AND OTHER HEADACHES by Dr Anne MacGregor (Family Doctor Publications, ISBN 1-903474-0403 - £3.50). Available from pharmacies.

MIGRAINE AND OTHER HEADACHES by Andrew J Dowson (Churchill Livingstone - Your Questions Answered Series, ISBN 0-443-07339-2 - £19.99)